



# WISDOM WAVE

...awareness...order...creativity...

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## NEWSLETTER

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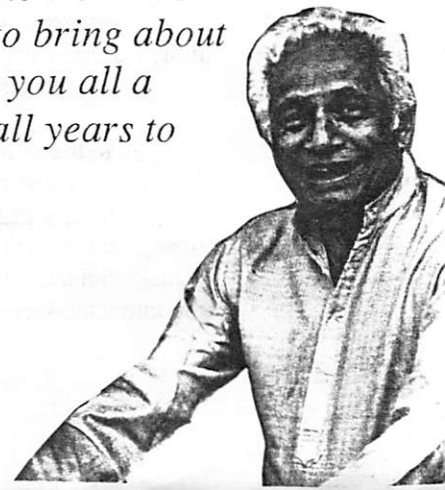
### *Dear Friends.*

*Happy greetings! Fortunately, we have entered into the leap year. And, as a result, we have one more grace day for a gracious transformation. The year 1991 contributed sumptuously to the turmoil and uncertainty of the human destiny, as the human race was caught up in the tangled web of war and the manipulative impact of the minds of the world politicians.*

*Evidently, man cannot live by politics or war, by depending upon politicians and war mongers. If the human race cannot learn by the lessons of history, it cannot learn the righteous ways of life, beautified by camaraderie and oneness in peace and prosperity. Calamities that beset the human path generally open up the eyes of the well-wishing few to grow in spirituality, the only way of redemption. And redemption comes only when one understands oneself in the light and shade of one's yearning in the field of cooperation without ulterior motivation, in commerce without cheating, in politics without manipulation, in relationship without cunning, in friendship without backbiting, with tolerance without faking and understanding without dishonesty.*

*Wisdom Wave, without being ostentatious, tried to implement its ideals in the ever growing circle of admirers outside its birthplace through private talks, retreats, public seminars, and even individual counseling. Dedication and sincerity were at the basis of every activity on all levels by the President and promoters, friends and well-wishers, associates and acquaintances of Wisdom Wave in the year 1991. Now it is time to take a leap into the vastness of the world as a single unit of unity, in the ever diversifying human life, to bring about understanding, compassion, love and real value. I wish you all a happy and fruitful future, not only in this leap year but all years to come.*

*With respect, love and gratitude,  
Shyam*



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## MEMORY

by Neva Balduff

Memory has constructed perimeters, limitations, regulations, expectation; and the irrational mind attempts to live within these boundaries - looking to the past for examples and experience, and attempting to apprehend the future for possibilities. While standing on the pivot point of the present, we attempt to extend ourselves into the past or future, and, consequently, lose our balance. As long as we are drawn in any way to the memory of the past or attempted projection into the future, we will lose the focus of the present. It is a delicate balancing act. It cannot be accomplished through effort or practice. Balance is an act of grace. Only the grace-full can achieve balance. How does one become grace-full? Only by being empty of everything else. Like Mary, only by being full of grace can we give birth to the Christ - only by being in the present can we bring forth the presence of the Christ.

Life is akin to a maze. So many paths would seem to lead to our freedom, only to result in dead ends. There is only one path which will lead us out of confusion and bondage, and that path is the present. That path leads to spontaneity, action rather than reaction, lack of fear, lack of tension and stress. The present is whole and complete and has no need for past or future.

Truly, there can be no past or future - for each moment which passes is gone, and no moment can become the future. So, past and future are only figments of imagination.

## COMMUNITY AND SPIRITUAL LIFE

excerpts from a talk on July 15, 1991  
at the Natural Cafe, Santa Fe, New Mexico  
by Patricia Brown

In the movie comedy City Slickers, there is one scene where Billy Crystal is riding along with Jack Palance, who plays the hardest, most grizzled cowboy in the West. Billy looks at Jack with awe and trepidation, asking, "Do you know the secret of life?" Jack nods yes and

holds up his index finger. Billy says, "The secret of life is your finger?" Jack says, "It's one. It's one thing that is the secret of life. If you can find that one thing and hold on to it, everything else falls into place." Billy asks, "What is that one thing?" to which Jack smiles enigmatically and replies, "That's for you to find out."

This is the gist of my talk tonight about community. Community has the implications of diversity but also the root word 'commune' implies unity in diversity, the coming together of distinct elements, the human being and nature, for example. Spiritual seekers are people who are looking for the truth, or a higher kind of life, a life that is more central, more grounded, more essentially in tune with ourselves. How do we come to that within the manifold diversity of the world, with all the tangential and sometimes adversarial people we meet in the world? One key is to go back to this index finger, this one thing around which our whole life can revolve. If we find that one thing and keep our eyes on the ball, everything else works better. Here is an ancient Chinese saying from The Great Learning:

*"The ancients who wished to illustrate illustrious virtue throughout the kingdom first ordered well their own states. Wishing to order well their own states, they first regulated their families. Wishing to order well their families, they first cultivated their own persons. Wishing to cultivate their persons, they first rectified their own hearts. Wishing to rectify their own hearts, they first sought to be sincere in their thoughts. Wishing to be sincere in their thoughts, they first extended to the utmost their knowledge. Such extension of knowledge lay in the investigation of things. Things being investigated, knowledge became complete. Their knowledge being complete, their thoughts were sincere. Their thoughts being sincere, their hearts then rectified. Their hearts being rectified, their persons were cultivated. Their persons being cultivated, their families were regulated. Their families being regulated, their states were rightly governed. Their states being rightly governed, the whole kingdom was made tranquil and happy."*



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This is similar to Shyam's teachings in that deep inquiry illuminates a matter fully and leads to the reconciliation of conflicts into the law of righteousness, or Dharma. The question is: how do we take inquiry into social interaction, and thereby see events clearly but also give back of ourselves in such a way as to be a blessing to the people around us?

The company we keep can determine the course of our lives. The kind of people we associate with can determine who we are. We are what we eat, we are what we think, and we are to a great extent like the people around us. So far as possible, then it is helpful to be around people who enhance and encourage the understanding of truth in ourselves. I was struck by some lines in that popular book Women Who Love Too Much. It mentions how the addictive behavior patterns of these women have a triggering effect upon the hormones, the person becomes more or less addicted to their own hormones, both the sex hormones and the hormones of crisis. These are generated in certain kinds of over stimulating relationships. We are, in this addictive society, bombarded by those kinds of images which create what the Buddha called "Trishna," the thirst after objects which do not satisfy, but which only increase the thirst. Yet, if we are sincerely interested in creating a beautiful life, a life more congruent with our inner being, with the spring of knowing and lovingness in ourselves, we will want to examine those forces that prey upon our peace of mind and sense of beauty. We will want to ask some very penetrating and hard questions. If we're already realized beings, saintly people, then of course we can traverse this world from heaven to hell, and remain untouched by the forces around us. Then we know everyone to be a part of ourselves and we are not overcome by any one fragment. In such a case, as Yogananda says, the cream has been churned to butter and the butter can float upon the waters of life, unaffected. But until the cream is actually butter, the cream can become diluted by the water. Then it is no longer cream and no longer water. Its taste is lost. Nothing is served. A saintly person can float in any environment and still maintain their true nature.

Most of us, however, are conditioned by our pasts. We have tendencies and bad habits, personality traits and needs, that can be enhanced or that can be minimized by the

company we keep just as the food we eat can improve or disturb our health. Given the fact that most of us are not fully realized beings in our present lives, what can we do?

The sensible thing to do is to examine ourselves with utter honesty and candidly assess our vulnerabilities. What kind of tendencies do we have and how are they influenced by our social environment? What needs to be enhanced and encouraged and what needs to be minimized? I went through a phase several years ago in my own growth struggles when Shyam encouraged me to socialize less. I found that shocking and was furthermore afraid I would hurt people's feelings. My body and psyche solved my perplexity by making me get sick every time I went to a cocktail party. I would go places not to hurt someone's feelings and immediately fall sick after breathing cigarette smoke. It is not so easy to prevent the misunderstanding of others when we make fundamental changes in our lifestyle. Through perseverance and one pointedness, sooner or later, our friends will know we have not abandoned them. If someone genuinely needs us, and we are committed to One Love, we will be there to assist them. This does not mean we have to accommodate everyone's image of us, or of what they want us to be. In the long run there is more respect for us as an individual if we hold firm to our principles and priorities. So I'm not so sure it is hurt people feel when we change, but rather more confusion and suspicion of our motives. That is actually more like having to take the hurt yourself. You have to take a certain amount of negative feedback from others if you follow your own convictions. People will misunderstand what you are doing. That is growth producing in itself. You have to go through that tunnel of the death of the ego by having people attributing different motivations upon you and projecting mistrustful images. There is definitely a time that you have to stand alone in your primal relationship with your Creator. Slowly, if you hold firm but not communicate abandonment to anyone who is dear to you, sooner or later, it will come around and you are transformed. You have finally launched your own boat.

*To be continued in next issue...*

## ANNOUNCEMENTS

Once again Bernadine Greer is sponsoring a spring retreat with Shyam (Shrikrishna Kashyap) over Memorial weekend, May 22nd through May 25th, at the beautiful Mt. Sequoyah Retreat Center in Fayetteville, Arkansas. Fayetteville is a beautiful university town at the foothills of the Ozark Mountains. Last year the retreat was attended by thirty retreatants. This year the number will remain the same to foster the overwhelming sense of community and spiritual relatedness engendered by the retreat. Reserve early as enrollment will be limited to preserve this beautiful sense of community. Due by May 1, a \$50 deposit to the Human Awareness Center will hold your place. Write to Mimi Mathis at the Human Awareness Center, 1301 Kings Dr., Fayetteville, Arkansas 72701. Or call Mimi Mathis at (501) 521-7912. Travel from Santa Fe will be coordinated by Patricia Brown at 455-7741.

Another workshop on East West Medicine will come this time to San Antonio sponsored by Robert MacDonald on April 11. Presenters include Shyam, Sanford Price, MD, and Patricia Brown, PhD.

## WISDOM WAVE

Wisdom Wave is a non-profit, tax exempt organization that qualifies under section 501 (c) (3) of the Internal Revenue Code of the United States. The purpose of Wisdom Wave is to:

*"Foster the upliftment of humankind through universal spiritual philosophy, without discrimination or affiliation, teaching a way of living which can bring order to human life with profound awareness and creativity."*

In 1991 we were able to purchase a professional quality audio recorder and are exploring through various experts the viability of other equipment including high quality microphone, tape editing and duplicating machines, and video recorders, eventually resulting in meeting our goals of forming a lending library and making available to the public tapes from our various sponsored programs, including public talks, workshops, seminars, and cultural events. We also plan to form affiliate bonds with interested centers across the world. All work as of now is performed by volunteers and our board of directors is making sure we are conserving our funds by judicious spending.

## COSMIC CHUCKLES



*At last year's retreat, we were graced by an unexpected visit from His High Holiness Swamiji Klutzananadananda, supported and worshiped by His fawning -er- devoted cohorts -er- devotees Berji, Lizji and Fangji.*

NOTE: ALL PHOTOS GRACIOUSLY OFFERED  
BY KERSTIN FLODIN OF NYC.



### Membership

*If you wish to become a member of Wisdom Wave, please send a \$25 contribution to:*

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**Phone: (505) 455-2268**

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